

[Your Name]  
[Your Address]  
[City, State, Zip Code]  
[Email Address]  
[Phone Number]  
[Date]  
[Recipient Name]  
[Recipient's Position]  
[Hospital/Clinic Name]  
[Address]  
[City, State, Zip Code]

Dear [Recipient Name],

I hope this letter finds you well. I am writing to provide an update on my recovery following the uvula removal surgery I underwent on [surgery date].

Post-operative instructions have been followed diligently, including [list any specific instructions you followed, e.g., dietary restrictions, pain management, etc.]. I have experienced [describe typical symptoms, e.g., pain, swelling, etc.], but I am managing with the prescribed medications and rest.

In the past few days, I have noticed [mention any changes or improvements, e.g., reduction in pain, better swallowing, etc.]. I am committed to adhering to the recovery plan and look forward to a full recovery.

Thank you for your support and guidance throughout this process. Please let me know if there are any additional steps you recommend.

Sincerely,  
[Your Name]