[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]
[School Name]
[School Address]
[City, State, Zip Code]
Dear [Principal's Name],

I, [Your Name], hereby give my consent for my child, [Child's Name], to participate in [specific event or activity] at [School Name] on [date of event].

I understand that this activity may involve certain risks, and I acknowledge that I have been informed about the details of the event. I agree to accept any associated risks and confirm that my child is in good health and capable of participating in the activity.

Please do not hesitate to contact me at [your phone number] or [your email] if you have any questions or require further information. Sincerely,

[Your Signature (if sending a hard copy)]
[Your Printed Name]
[Relationship to Child]