[Your Address]
[City, State, Zip Code]
[Email Address]
[Date]
Dear [Friend's Name],

I hope this letter finds you well! I wanted to take a moment to catch up and share some exciting news with you.

[Insert a few sentences about what's new in your life, any recent events, or just something fun you have done.]

Also, I've been thinking about our last conversation regarding [topic discussed]. It would be great to hear more about your thoughts on that! Let's plan to meet up soon. Maybe we can grab coffee or go for a walk. Take care and write back when you can! Best,

[Your Name]