

```
````javascript
$(document).ready(function() {
 $("#myForm").validate({
 rules: {
 email: {
 required: true,
 email: true
 }
 },
 messages: {
 email: {
 required: "Please enter your email address",
 email: "Please enter a valid email address"
 }
 },
 submitHandler: function(form) {
 form.submit();
 }
 });
});
````

````html
<form id="myForm">
 <label for="email">Email:</label>
 <input type="text" name="email" id="email" />
 <input type="submit" value="Submit" />
</form>
````
```