

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]

[Recipient's Name]
[Recipient's Address]
[City, State, Zip Code]

Dear [Recipient's Name],

I am writing this letter to provide my perspective on [Veteran's Name]'s condition and to support their claim regarding sleep apnea. I have known [Veteran's Name] for [duration of your relationship] as [describe your relationship, e.g., friend, coworker, family member].

Throughout our time together, I have noticed several significant issues that [Veteran's Name] experiences related to their sleep apnea, including:

1. ****Symptoms****: [Describe symptoms you've observed, such as loud snoring, gasping for air during sleep, excessive daytime sleepiness, etc.]
2. ****Impact on Daily Life****: [Describe how sleep apnea affects their daily activities, work performance, relationships, etc.]
3. ****Seeking Treatment****: [Mention any instances where they sought medical help or used CPAP machines, if applicable.]

I believe that [Veteran's Name]'s sleep apnea has had a profound effect on their life, and I fully support their claim. I am happy to provide any further information if needed.

Thank you for considering my perspective.

Sincerely,

[Your Name]

[Your Signature (if sending a hard copy)]