

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]

[Recipient's Name]
[Recipient's Position/Title]
[Department of Veterans Affairs/Relevant Agency]
[Office Address]
[City, State, Zip Code]

Dear [Recipient's Name],

Subject: Buddy Letter for [Veteran's Name] Regarding Sleep Apnea

I hope this letter finds you well. My name is [Your Name], and I am writing to provide a personal account regarding my friend and fellow veteran, [Veteran's Name], who has been diagnosed with sleep apnea. I have known [Veteran's Name] for [number of years] and served alongside him/her in [branch of service] from [start date] to [end date]. During our time together, I observed several instances that highlighted the struggles he/she faced with sleep apnea.

[Insert specific observations or experiences related to the veteran's sleep apnea, including symptoms, impact on daily life, or changes over time. Use detailed examples to paint a clear picture.]

In my opinion, the challenges [Veteran's Name] faces due to sleep apnea are significant and have impacted his/her overall quality of life.

[Include any information on how this condition has affected his/her ability to perform daily tasks, maintain relationships, or engage in social activities.]

I believe that [Veteran's Name] deserves proper support and assistance for his/her condition, as it stems from his/her service to our country. Please consider this letter as supporting evidence in his/her claim for benefits related to sleep apnea.

Thank you for your attention and consideration of this matter. If you require any further information or clarification, please feel free to contact me.

Sincerely,

[Your Signature (if sending a hard copy)]

[Your Typed Name]

[Your Relationship to the Veteran]