[Your Name] [Your Address] [City, State, Zip Code] [Email Address] [Phone Number] [Date] [Doctor's Name] [Doctor's Office Name] [Office Address] [City, State, Zip Code] Dear [Doctor's Name], I hope this message finds you well. I am writing to request a prescription for [specific medication or treatment] as we discussed during my last appointment on [date of appointment]. I believe this medication will assist me in managing [specific condition or symptoms]. If you require any further information or documentation to process this request, please let me know. Thank you for your attention to this matter. I appreciate your help. Sincerely, [Your Signature (if sending a hard copy)] [Your Printed Name] [Your Date of Birth or Patient ID (if necessary)]