

[Your Name]  
[Your Address]  
[City, State, Zip Code]  
[Email Address]  
[Date]

[Recipient's Name]  
[Recipient's Address]  
[City, State, Zip Code]

Dear [Recipient's Name],

I hope this letter finds you well. I want to take a moment to share some personal thoughts and my plans for the future, which involve seeking a fresh start.

I have been feeling [describe feelings or circumstances briefly], and I believe it is time for me to embark on a journey to find my own path. I plan to leave on [departure date] and head to [destination]. I have made arrangements for [details of planning, e.g., where you will stay, how you will support yourself].

I understand that this decision may come as a surprise, and it is not one I take lightly. My hope is to explore [reason for running away, e.g., opportunities, personal growth, freedom], and I believe that this step is essential for my well-being.

I want you to know that I care about you deeply, and I hope to stay in touch during this time. Please understand that this is a personal journey for me, and I truly appreciate your support and understanding as I take this leap.

Thank you for everything you have done for me. I will keep you updated about my journey and hope to hear from you soon.

Take care,  
[Your Name]