

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Date]

Dear [Recipient's Name],

I hope this letter finds you well. I am writing to say goodbye in my own way. I have made the difficult decision to leave and seek a new path for myself. This isn't a reflection on you or our experiences together, but a personal choice I feel is necessary for my well-being.

I cherish the moments we've shared, and they will always hold a special place in my heart. Please understand that this decision comes from a deep need to find myself. I hope that one day, you can understand my choice, even if it seems abrupt now.

I wish you all the best in your journey and hope you find happiness and fulfillment.

Take care,
[Your Name]