

[Your Name]  
[Your Address]  
[City, State, ZIP Code]  
[Email Address]  
[Phone Number]  
[Date]

[Student's Name]  
[Student's Address]  
[City, State, ZIP Code]

Dear [Student's Name],

I hope this letter finds you well. I wanted to take a moment to express my appreciation for your commitment and dedication to your Iyengar yoga practice.

Your progress in [specific posture or skill] has been impressive, and it's a joy to see how you are incorporating [specific alignment or technique] into your practice. Remember, the journey of yoga is as important as the destination, and your patience is reflecting in your growth.

As we move forward in our lessons, I encourage you to focus on [specific area of improvement or goal], and don't hesitate to ask questions or seek guidance whenever needed. Your journey is unique, and I'm here to support you every step of the way.

Looking forward to our next class on [date of next class]. Keep shining and practicing with intention!

Warm regards,

[Your Name]  
[Your Title/Position]