

[Your Name]  
[Your Address]  
[City, State, Zip Code]  
[Email Address]  
[Phone Number]  
[Date]

[Recipient Name]  
[Recipient Address]  
[City, State, Zip Code]

Dear [Recipient Name],

I hope this letter finds you well. I am writing to invite you to an upcoming Iyengar Yoga Retreat scheduled for [Retreat Dates] at [Retreat Location]. This retreat promises an immersive experience focusing on the principles of Iyengar yoga, enhancing both your practice and understanding of this transformative discipline.

During the retreat, participants will engage in daily yoga sessions tailored for all skill levels, in addition to workshops covering alignment, pranayama, and meditation techniques. Experienced instructors will guide sessions, ensuring a supportive and educational environment. The retreat will also include opportunities for relaxation and rejuvenation, with time for personal reflection and community bonding. Accommodations and meals will be provided, ensuring a holistic experience.

Please reserve your spot by [RSVP Deadline]. For registration and further details, feel free to contact me at [Your Phone Number] or [Your Email Address].

I look forward to the possibility of sharing this incredible journey with you.

Warm regards,

[Your Name]  
[Your Title/Organization, if applicable]  
[Your Website, if applicable]