

[Your Name]
[Your Address]
[City, State, ZIP Code]
[Email Address]
[Phone Number]
[Date]

[Recipient's Name]
[Recipient's Address]
[City, State, ZIP Code]

Dear [Recipient's Name],

I hope this letter finds you in good health and high spirits. I am excited to invite you to a special Iyengar Yoga workshop titled "[Workshop Title]," taking place on [Date] at [Location].

This workshop is designed to deepen your practice and enhance your understanding of Iyengar Yoga through [brief description of workshop focus or theme]. We will explore various asanas, pranayama techniques, and the philosophical aspects of yoga, all aimed at nourishing your body and mind.

Details of the Workshop:

- **Date and Time:** [Date] from [Start Time] to [End Time]
- **Location:** [Address of the venue]
- **Registration Fee:** [Cost] (please include details about payment methods if applicable)
- **What to Bring:** [Yoga mat, water bottle, etc.]

Whether you are a seasoned practitioner or new to yoga, this workshop promises to inspire and educate. Space is limited, so please RSVP by [RSVP Date] to secure your spot.

I look forward to sharing this enriching experience with you. Should you have any questions, feel free to reach out to me at [Your Phone Number] or [Your Email Address].

Warm regards,

[Your Name]
[Your Title/Position, if applicable]
[Your Yoga Studio/Organization Name, if applicable]