

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Date]

[Co-Parent's Name]
[Co-Parent's Address]
[City, State, Zip Code]

Dear [Co-Parent's Name],

I hope this message finds you well.

[Begin with a positive note or shared experience related to the children.]

I wanted to discuss [specific topic or issue] regarding [Child's Name(s)]. It's important for us to [explain the importance of the discussion and how it relates to the well-being of the children].

[Present your thoughts clearly and respectfully, ensuring to express your willingness to work together.]

I propose [suggest a plan or solution], and I would love to hear your thoughts on this.

Thank you for considering my perspective. I look forward to your response.

Warm regards,

[Your Name]