```
[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]
[Recipient's Name]
[Recipient's Title/Position]
[Healthcare Facility/Practice Name]
[Facility Address]
[City, State, Zip Code]
Dear [Recipient's Name],
I am writing to confirm the details regarding the removal of my IUD
(Intrauterine Device).
**Patient Details:**
- Name: [Your Name]
- Date of Birth: [Your Date of Birth]
- Patient ID/Medical Record Number: [Your Patient ID]
**IUD Details:**
- Type of IUD: [Specify type, e.g., Mirena, Paragard]
- Date of Insertion: [Date IUD was inserted]
- Date of Removal: [Confirmed date of removal]
**Procedure:**
The IUD removal procedure is scheduled for [insert date] at [insert time]
at [insert location]. I understand that the procedure will be performed
by [insert name of healthcare provider].
Please let me know if there are any additional preparations or
information needed prior to my appointment.
Thank you for your attention to this matter.
Sincerely,
[Your Signature (if sending a hard copy)]
[Your Printed Name]
```