[Your Name] [Your Address] [City, State, Zip Code] [Email Address] [Phone Number] [Date] [Recipient Name] [Recipient Address] [City, State, Zip Code] Dear [Recipient Name],

Subject: Quarantine Notification

I am writing to inform you that [specific reason for quarantine - e.g., exposure to a confirmed case of COVID-19]. As a result, it is necessary for you to enter a quarantine period starting from [start date] to [end date].

During this time, please adhere to the following guidelines:

- 1. Remain at home and avoid contact with others.
- 2. Monitor your health for any symptoms.
- 3. Follow any further instructions from health authorities. Should you have any questions or require assistance, please feel free to reach out to me at [your phone number] or [your email address]. Thank you for your cooperation.

Sincerely,

[Your Name]

[Your Title/Position, if applicable] [Organization Name, if applicable]