[Your Name] [Your Address] [City, State, Zip Code] [Email Address] [Phone Number] [Date] [Recipient Name] [Recipient Address] [City, State, Zip Code] Dear [Recipient Name], I hope this letter finds you in good health and spirits. I am excited to share an opportunity that could greatly benefit your well-being and overall health. I am offering a series of Qigong classes designed for individuals of all skill levels. Qigong is a gentle practice that combines movement, meditation, and controlled breathing to promote physical and mental wellness. Classes will take place at [Location] every [Days/Times of Classes]. Whether you are looking to reduce stress, improve flexibility, or enhance your overall energy, these sessions provide a supportive environment to explore the benefits of Qigong. As a special promotion, I would like to offer a [Discount/Free Trial/Group Package Deal] for new participants. This is a fantastic opportunity to experience the positive effects of Qigong firsthand. Please feel free to reach out if you have any questions or would like to register. I look forward to welcoming you to the classes! Warm regards, [Your Signature if sending a hard copy] [Your Name] [Your Title/Position] [Your Business Name if applicable] [Website if applicable]