

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Date]
[Instructor's Name]
[School/Studio Name]
[Address]
[City, State, Zip Code]

Dear [Instructor's Name],

I hope this letter finds you well. I am writing to express my sincere appreciation for the incredible Qigong classes I have had the privilege to attend at [School/Studio Name].

Your teaching style is both inspiring and nurturing, and I have learned so much about the art of Qigong under your guidance. The way you [mention specific techniques or aspects of the class] has greatly enhanced my understanding and practice.

I have noticed significant improvements in my [mention personal benefits, e.g., physical health, mental clarity, emotional well-being], and I credit much of this progress to your dedicated instruction.

Thank you for creating such a welcoming and supportive environment for all of your students. I look forward to continuing my journey in Qigong with you!

Warm regards,
[Your Name]