

[Your Name]  
[Your Address]  
[City, State, Zip Code]  
[Email Address]  
[Phone Number]  
[Date]  
[Instructor's Name]  
[Studio/Organization Name]  
[Address]  
[City, State, Zip Code]

Dear [Instructor's Name],

I hope this letter finds you in great spirits. I am writing to express my gratitude for the enlightening experience I had during your recent Qigong class.

Your expertise and passion for Qigong have not only deepened my understanding of this ancient practice but also made the sessions incredibly enjoyable. The way you explain the movements and the philosophy behind them truly resonates with me.

I look forward to continuing my journey under your guidance and exploring the profound benefits of Qigong. Please let me know about any upcoming classes or workshops.

Thank you once again for your dedication and support.

Warm regards,

[Your Name]