```
[Your Name]
[Your Address]
[City, State, ZIP Code]
[Email Address]
[Phone Number]
[Date]
[Plan Administrator's Name]
[Plan Name]
[Plan Administrator's Address]
[City, State, ZIP Code]
Subject: Request for a Qualified Domestic Relations Order (QDRO)
Dear [Plan Administrator's Name],
I am writing to request a Qualified Domestic Relations Order (QDRO) for
the retirement benefits held in the [Plan Name] for [Name of
Participant], who is my [relation, e.g., ex-spouse, former partner].
Details are as follows:
1. **Plan Participant Information**
 - Name: [Name of Participant]
- Social Security Number: [SSN of Participant]
- Date of Birth: [DOB of Participant]
2. **Alternate Payee Information**
 - Name: [Your Name]
 - Social Security Number: [Your SSN]
 - Date of Birth: [Your DOB]
3. **Marriage/Divorce Information**
 - Date of Marriage: [Date of Marriage]
 - Date of Divorce: [Date of Divorce]
Please find enclosed copies of the divorce decree and any required
documentation. I kindly ask that you provide me with your guidelines and
any specific requirements for drafting and submitting the QDRO.
Thank you for your assistance in this matter. I look forward to your
prompt response.
Sincerely,
[Your Signature (if sending a hard copy)]
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[Your Printed Name]