

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]
[Physical Therapist's Name]
[Physical Therapy Clinic Name]
[Clinic Address]
[City, State, Zip Code]

Dear [Physical Therapist's Name],
I hope this letter finds you well. I am writing to schedule a follow-up appointment for my physical therapy sessions that commenced on [start date]. Since our last meeting on [last appointment date], I have been experiencing [briefly describe any changes, improvements, or ongoing issues].

I would appreciate your insights and recommendations on my progress, as well as any adjustments to my current treatment plan. Please let me know your available dates and times for a follow-up appointment.

Thank you for your continued support and guidance in my recovery process.

Sincerely,
[Your Name]