[Your Practice's Letterhead]
[Date]
[Patient's Name]
[Patient's Address]
[City, State, ZIP Code]
Dear [Patient's Name],

We hope this message finds you well. This is a friendly reminder that you have an upcoming appointment for your hypertension management on [Date] at [Time]. Your appointment will be held at [Location].

Please remember to bring any medications you are currently taking and be prepared to discuss your blood pressure readings and any concerns you may have.

If you need to reschedule or have any questions, feel free to contact us at [Phone Number] or [Email Address].

Thank you for prioritizing your health. We look forward to seeing you soon!

Sincerely,
[Your Name]
[Your Title]
[Your Practice's Name]
[Contact Information]