```
[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]
[Recipient's Name]
[Recipient's Address]
[City, State, Zip Code]
Dear [Recipient's Name],
I, [Your Name], hereby give my consent for [specific action or purpose]
related to [describe the subject of the consent].
Details of the consent are as follows:
- Purpose: [State the purpose clearly]
- Duration: [Specify the time period for which consent is granted]
- Conditions: [List any conditions, if applicable]
I understand that I have the right to revoke this consent at any time by
providing written notice.
Thank you for your attention to this matter.
Sincerely,
[Your Signature (if sending a hard copy)]
[Your Printed Name]
```