```
[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]
[Recipient's Name]
[Title or Position]
[Institution/Organization Name]
[Address]
[City, State, Zip Code]
Dear [Recipient's Name],
[Introduction: Briefly introduce yourself and state the purpose of your
personal statement.]
[Body Paragraph 1: Describe your background, experiences, or
qualifications relevant to your application.]
[Body Paragraph 2: Explain your motivations for pursuing this field,
program, or opportunity.]
[Body Paragraph 3: Discuss your goals and how this program/position
aligns with them.
[Conclusion: Summarize your main points and express your enthusiasm for
the opportunity.
Thank you for considering my application. I look forward to the
opportunity to contribute and grow through this experience.
Sincerely,
[Your Name]
```