```
[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Date]
[Parent's Name]
[Parent's Address]
[City, State, Zip Code]
Dear [Parent's Name],
I hope this letter finds you well. I am writing to seek your approval for
[specific request or activity].
[Briefly explain the request/activity and its significance or benefit].
I appreciate your consideration and look forward to your response.
Thank you,
Sincerely,
[Your Name]
```