```
[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]
[Recipient's Name]
[Title/Position]
[Clinic/Organization Name]
[Clinic/Organization Address]
[City, State, Zip Code]
Dear [Recipient's Name],
I hope this message finds you well. I am writing to request an
appointment for occupational therapy services at your clinic.
I am [briefly explain your situation or condition], and I believe that
occupational therapy could greatly assist me in [describe your goals or
reasons for seeking therapy].
Please let me know your availability for an appointment in the coming
weeks. I am flexible with my schedule and can accommodate your available
times.
Thank you for considering my request. I look forward to your prompt
response.
Sincerely,
[Your Name]
```