[Your Name] [Your Address] [City, State, ZIP Code] [Email Address] [Phone Number] [Date] [Recipient's Name] [Occupational Therapy Clinic Name] [Clinic Address] [City, State, ZIP Code] Dear [Recipient's Name], I hope this message finds you well. I am writing to inform you that I need to cancel my upcoming occupational therapy appointment scheduled for [Date and Time] due to [brief reason, if desired]. I apologize for any inconvenience this may cause and appreciate your understanding. Please let me know if I can reschedule my appointment for a later date. Thank you for your attention to this matter. Sincerely, [Your Name]