

****Personal Narrative Template for Occupational Therapy School Application****

****I. Introduction****

- Hook: Start with a compelling statement or personal story that captures your passion for occupational therapy.
- Thesis Statement: Summarize why you are pursuing a career in occupational therapy and your overall goal.

****II. Background and Experience****

- Personal Background: Describe your upbringing and any significant events that influenced your interest in healthcare or therapy.
- Relevant Experiences: Detail any volunteer work, internships, or jobs related to occupational therapy. Discuss specific skills learned and insights gained.

****III. Academic Journey****

- Educational Background: Outline your academic achievements and relevant coursework related to health sciences or psychology.
- Challenges Overcome: Discuss any academic challenges you have faced and how you overcame them, reflecting your resilience.

****IV. Understanding of Occupational Therapy****

- Skills and Qualities: Highlight specific skills (e.g., empathy, communication) that you possess and how they relate to your suitability for the profession.
- Insights Gained: Share observations from experiences that deepened your understanding of the role of an occupational therapist.

****V. Future Goals****

- Professional Aspirations: Describe what you hope to achieve as an occupational therapist and the impact you wish to make in the field.
- Contribution to the Program: Explain how your unique experiences and perspectives will contribute to the occupational therapy program.

****VI. Conclusion****

- Recap: Briefly summarize your journey and reaffirm your commitment to pursuing a career in occupational therapy.
- Final Thoughts: End with a strong closing statement that reinforces your passion and readiness for the challenges ahead.