[Your Name] [Your Title] [Your Organization] [Your Address] [City, State, Zip Code] [Email Address] [Phone Number] [Date] [Recipient's Name] [Recipient's Address] [City, State, Zip Code] Dear [Recipient's Name], I hope this letter finds you well. My name is [Your Name], and I am an occupational therapist specializing in [specific area of expertise, e.g., pediatric, geriatric, mental health, etc.]. I am reaching out to introduce myself and to outline the services I provide during occupational therapy sessions. During our sessions, the focus will be on [briefly describe the goals or areas of focus, e.g., improving daily living skills, enhancing physical strength, etc.]. I strive to create a supportive and engaging environment tailored to your individual needs and preferences. Our first session will involve an initial assessment to understand your current challenges and goals. Together, we will develop a personalized treatment plan designed to help you achieve your desired outcomes. I am excited about the opportunity to work with you and support your journey towards [specific outcome, e.g., improved independence, enhanced quality of life, etc.]. Please feel free to reach out with any questions or to confirm our appointment. Thank you for considering my services. I look forward to meeting you soon! Warm regards, [Your Name] [Your Title] [Your Organization]