[Your Name] [Your Address] [City, State, Zip Code] [Email Address] [Phone Number] [Date] [Gym Name] [Gym Address] [City, State, Zip Code] Dear [Gym Manager's Name], I hope this message finds you well. My name is [Your Name], and I am interested in exploring the fitness facilities and services offered at [Gym Name]. I would like to kindly request a trial membership to assess the gym's offerings and determine if it aligns with my fitness goals. A trial period would allow me to experience the amenities and classes firsthand before committing to a full membership. If available, I would appreciate any details regarding the duration of the trial membership, potential costs involved, and how to proceed with the application process. Thank you for considering my request. I look forward to your positive response. Warm regards, [Your Name]