

[Your Name]  
[Your Address]  
[City, State, Zip Code]  
[Email Address]  
[Phone Number]  
[Date]  
[Gym Name]  
[Gym Address]  
[City, State, Zip Code]

Dear [Gym Manager's Name],

I hope this message finds you well. I am writing to formally request a membership at [Gym Name]. I have recently decided to prioritize my health and fitness, and I believe that your gym offers the perfect environment and resources to help me achieve my goals.

I am particularly impressed with [mention any specific facilities, classes, or trainers that attract you to the gym], and I am eager to become part of a community that values health and wellness.

As I embark on this journey, I am reminded of the words of [insert motivational figure/quote], "The only bad workout is the one that didn't happen." I am committed to making this positive change in my life and look forward to contributing to and thriving within the [Gym Name] community.

Thank you for considering my request. I would appreciate any information about the membership process and look forward to your positive response.

Sincerely,  
[Your Name]