```
[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]
[Gym Name]
[Gym Address]
[City, State, Zip Code]
Dear [Gym Manager's Name],
I am writing to formally request the cancellation of my gym membership,
effective immediately. My membership ID is [Your Membership ID].
Please confirm the cancellation and any final charges, if applicable.
Thank you for your assistance.
Sincerely,
[Your Name]
```