```
[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Date]
[Teacher's Name]
[School's Name]
[School's Address]
[City, State, Zip Code]
Dear [Teacher's Name],
I hope this message finds you well. I am writing to formally excuse my
absence from class on [Date(s) of Absence]. Due to [brief explanation of
the reason, e.g., illness, family obligation, etc.], I was unable to
attend.
I understand the importance of being present in class and sincerely
apologize for any disruption my absence may have caused. If possible, I
would appreciate any materials or assignments I may have missed during
this time.
Thank you for your understanding.
Sincerely,
[Your Name]
[Your Grade/Class]
```