[Your Name] [Your Address] [City, State, Zip Code] [Email Address] [Phone Number] [Date] [Recipient's Name] [Recipient's Position] [Company/Organization Name] [Company Address] [City, State, Zip Code] Dear [Recipient's Name], I hope this message finds you well. I am writing to formally excuse myself from the meeting scheduled on [date] due to [reason for absence, e.g., a prior commitment, personal reasons, illness]. I understand the importance of the meeting and regret any inconvenience my absence may cause. I am eager to stay updated on the discussions and outcomes, and I would appreciate any materials or notes shared during the meeting. Thank you for your understanding. I look forward to our next meeting and will ensure to catch up on any missed information. Sincerely, [Your Name] [Your Position] (if applicable) [Your Company/Organization] (if applicable)