

[Your Organization's Logo]  
[Your Organization's Name]  
[Your Organization's Address]  
[City, State, Zip Code]  
[Email Address]  
[Phone Number]  
[Date]

[Recipient's Name]  
[Recipient's Address]  
[City, State, Zip Code]

Dear [Recipient's Name],

Subject: Lyme Disease Awareness

We hope this letter finds you well. As part of our ongoing commitment to public health, we are reaching out to raise awareness about Lyme disease, a growing concern in our communities.

Lyme disease is caused by the bacterium *Borrelia burgdorferi* and is primarily transmitted to humans through the bite of infected black-legged ticks. Symptoms may include fever, headache, fatigue, and a characteristic skin rash known as erythema migrans. If left untreated, Lyme disease can lead to more severe health issues, affecting the joints, heart, and nervous system.

To protect yourself and your loved ones, we recommend the following preventive measures:

1. Wear long sleeves and pants when outdoors.
2. Use insect repellent containing DEET on exposed skin.
3. Conduct thorough tick checks after spending time outdoors.
4. Promptly remove any attached ticks with fine-tipped tweezers.

If you experience any symptoms associated with Lyme disease, please consult with a healthcare professional promptly. Early diagnosis and treatment are crucial for a full recovery.

For more information about Lyme disease, resources, and support, please visit [Website URL] or contact us at [Phone Number].

Thank you for taking the time to educate yourself and your community about this important health issue. Together, we can help prevent Lyme disease and protect our loved ones.

Sincerely,

[Your Name]

[Your Title]

[Your Organization's Name]