

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]
[Employer's Name]
[Company's Name]
[Company's Address]
[City, State, Zip Code]

Dear [Employer's Name],

I hope this message finds you well. I am writing to inform you about my current health condition concerning lymphedema, which I have been managing for some time.

As this condition can occasionally affect my ability to perform certain tasks, I would like to discuss potential adjustments that can be made to ensure my work remains efficient while accommodating my needs.

I appreciate your understanding and support as I navigate this health challenge. I am open to discussing this matter at your earliest convenience and exploring any necessary arrangements that may benefit both myself and the team.

Thank you for your consideration.

Sincerely,

[Your Name]