

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Date]

Dear [Mentor's Name],

I hope this letter finds you well! I wanted to take a moment to update you on my [school/job/interest] and to express my gratitude for your continuous support and guidance.

[Insert a personal anecdote or update about your life, new projects, or recent achievements.]

I've been reflecting on the advice you gave me about [specific topic or advice], and it has really helped me in [specific situation]. I'd love to hear your thoughts on [any question or topic you want to discuss].

Looking forward to catching up soon!

Warm regards,

[Your Name]