```
[Your Name]
[Your Address]
[City, State, Zip]
[Email Address]
[Phone Number]
[Date]
[Recipient's Name]
[Recipient's Position/Title]
[Institution/Organization Name]
[Address]
[City, State, Zip]
Dear [Recipient's Name],
Subject: Medical Certificate
This is to certify that [Patient's Name], aged [Patient's Age], has been
under my care from [Start Date] to [End Date]. During this period,
[he/she/they] was diagnosed with [Medical Condition].
Due to this condition, [he/she/they] was advised to refrain from
[specific activities, work, or school] during this time to ensure proper
recovery. [He/She/They] is now fit to resume normal activities as of
[Date].
Please feel free to contact me should you require any further
information.
Sincerely,
[Your Signature (if sending a hard copy)]
[Your Printed Name]
[Your Qualifications/Title]
[Medical Practice/Organization Name]
[Contact Information]
```