[Your Name] [Your Address] [City, State, ZIP Code] [Email Address] [Phone Number] [Date] [Recipient's Name] [Company/Organization Name] [Company Address] [City, State, ZIP Code] Dear [Recipient's Name], I am writing to formally request an indefinite medical leave of absence from my position at [Company/Organization Name], effective [start date]. Due to [brief description of the medical issue, if comfortable], I am unable to fulfill my work responsibilities at this time. I will keep you updated on my health status and provide any required documentation from my healthcare provider. I hope to return to work as soon as I am able. Thank you for your understanding. Sincerely, [Your Name]

[Your Job Title]