[Your Name] [Your Address] [City, State, Zip Code] [Email Address] [Phone Number] [Date] [Recipient Name] [Recipient Position] [Company/Organization Name] [Company Address] [City, State, Zip Code] Dear [Recipient Name], I am writing to formally request a medical leave of absence from work due to [briefly explain your medical condition or reason]. I would like to request leave starting from [start date] to [end date]. During my absence, I will ensure that my responsibilities are managed and covered to the best of my ability. I will keep in touch and provide updates on my recovery as needed. Thank you for your understanding. Please let me know if you require any further information or documentation. Sincerely, [Your Name]