[Your Position]
[Company Name]
[Date]
[Manager's Name]
[Manager's Position]
[Company Name]
Dear [Manager's Name],
I am writing to formally request a lunch leave on [specific date] from [start time] to [end time] due to [brief reason, e.g., a personal appointment or family commitment]. I will ensure that all my responsibilities are taken care of before I leave and will be available via email/phone for any urgent matters.
Thank you for considering my request. I look forward to your approval. Sincerely,

[Your Name]

[Your Contact Information]