Subject: Lunch Appointment Request

Dear [Recipient's Name],

I hope this message finds you well. I would like to invite you to a lunch meeting to discuss [specific topic or purpose]. Please let me know your availability for the following dates and times:

- [Date & Time Option 1]
- [Date & Time Option 2]
- [Date & Time Option 3]

I believe it will be a great opportunity for us to [mention any benefits or goals].

Looking forward to your response.

Best regards,

[Your Name]

[Your Position]

[Your Contact Information]