

[Your Address]

[City, State, Zip Code]

[Email Address]

[Date]

Hey [Friend's Name],

I hope you're doing great! It's been a while since we last caught up, and I think it's high time we remedy that.

How about grabbing lunch together this weekend? I know a great spot that has amazing [specific cuisine or dish], and I'd love to treat you. Let me know what works for you, and we can set a time!

Looking forward to it!

Catch you later,

[Your Name]