

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]
[Doctor's Name]
[Doctor's Office/Clinic Name]
[Office Address]
[City, State, Zip Code]

Dear [Doctor's Name],

I hope this letter finds you well. I am writing to follow up on my recent routine checkup, specifically regarding my LDL cholesterol levels.

During my visit on [date of visit], my cholesterol panel showed an LDL level of [insert LDL level]. I understand that maintaining healthy cholesterol levels is crucial for overall heart health and ideally should be less than [target LDL level].

I would appreciate any recommendations you may have to help manage my LDL levels, including dietary changes, exercise, or medications.

Additionally, if you could confirm when I should schedule my next follow-up appointment, I would be grateful.

Thank you for your attention to this matter. I look forward to your guidance.

Sincerely,
[Your Name]