

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Date]

[Missionary's Name]
[Missionary's Address]
[City, State, Zip Code]

Dear [Missionary's Name],

I am writing to provide you with some important instructions and guidance as you prepare for your missionary training. This letter aims to help you focus and make the most of your time in the Missionary Training Center (MTC).

1. ****Prayer and Study****: Make sure to dedicate time each day for personal prayer and scripture study. This will strengthen your relationship with Heavenly Father and enhance your understanding of the gospel.
2. ****Physical Preparation****: Engage in regular physical activity to maintain your health and stamina. Ensure your personal hygiene and appearance reflect your commitment to serving the Lord.
3. ****Language Study****: If assigned to a foreign-speaking mission, dedicate time to studying the language. Utilize resources like language apps, flashcards, and practice speaking with others.
4. ****Companionship****: Be prepared to work closely with your companion. Cultivate a spirit of teamwork and communicate openly to build a strong relationship based on trust and respect.
5. ****Schedules****: Adhere to the daily schedule provided at the MTC, which includes study time, training sessions, and devotionals. Time management will be crucial in balancing your responsibilities.
6. ****Service****: Look for opportunities to serve others during your training. This will help you develop Christlike attributes and prepare you for your mission.
7. ****Mindset****: Approach this experience with an open heart and mind. Be receptive to learning and adapting to new situations as you grow in your faith and commitment to your calling.
8. ****Support****: Remember, you are not alone. Reach out for support when needed -- to your leaders, peers, and family. They are there to help you succeed.

I am proud of your decision to serve and know that you will make a significant impact in the lives of those you meet. Stay positive, work hard, and remember to rely on the Lord in all you do.

Best wishes as you embark on this incredible journey!

Sincerely,

[Your Name]
[Your Relationship to the Missionary]