[Your Address] [City, State, Zip Code] [Email Address] [Date]

Dear [Friend's Name],

I hope this letter finds you in good spirits! It's been a while since we last connected, and I wanted to catch up with you about everything happening in Kurdistan.

Things here have been quite interesting. The weather is beautiful this time of year; the mountains are breathtaking! I've been exploring some new hiking trails and thought about you - I remember our adventurous hikes together.

Also, the local festivals are in full swing right now! I went to the [Name of Festival] last weekend, and it was incredible. The music, food, and the energy of the people reminded me of our time at [mention a past event or memory].

How's everything going with you? I'd love to hear about your latest adventures and what you have been up to! Let's plan a call soon. Take care and send my regards to the family. I miss you! Warm wishes,

[Your Name]