

[Your Name]  
[Your Address]  
[City, State, Zip Code]  
[Email Address]  
[Phone Number]  
[Date]  
[Recipient Name]  
[Recipient Title/Position]  
[Hospital/Clinic Name]  
[Address]  
[City, State, Zip Code]

Dear [Recipient Name],

I hope this letter finds you well. I am writing to provide an update on my recovery following my recent knee replacement surgery on [surgery date].

I am pleased to report that my recovery has been progressing positively. I have been diligently following the rehabilitation guidelines provided by the medical team, including [mention any specific exercises, therapies, or precautions being followed].

As of today, I have experienced [mention any specific improvements or challenges, such as pain management, range of motion, or mobility]. I am committed to continuing my physical therapy sessions to ensure optimal recovery and regain full functionality.

I appreciate the support and care I have received so far, and I am looking forward to my next follow-up appointment on [next appointment date] to discuss my progress further.

Thank you for your continued guidance and assistance during this recovery process.

Sincerely,

[Your Name]

[Your Signature (if sending a hard copy)]