

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]

[Recipient Name]
[Recipient Address]
[City, State, Zip Code]

Dear [Recipient Name],

I hope this letter finds you in good spirits. I am writing to inform you that I successfully underwent knee replacement surgery on [date of surgery]. The procedure went as planned, and I am currently in recovery. The initial recovery process has been challenging but manageable. I am following all prescribed rehabilitation protocols and am committed to my physical therapy appointments to ensure a smooth recovery. My doctor has advised me to take it slow and focus on rehabilitation to regain strength and mobility.

I appreciate all of the support and well wishes I have received from family and friends during this time. It has made a significant difference in my morale.

I will keep you updated on my progress, and I look forward to reconnecting once I am further along in my recovery.

Thank you once again for your support.

Warm regards,

[Your Signature (if sending a hard copy)]
[Your Printed Name]