

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Date]

[Recipient's Name]
[Recipient's Address]
[City, State, Zip Code]

Dear [Recipient's Name],

I hope this letter finds you well. I am writing to share my upcoming journey regarding knee replacement surgery, which I will be undergoing on [surgery date].

After discussing my chronic knee pain and limited mobility with my doctor, we have decided that this procedure is necessary for me to regain my quality of life. I have done extensive research and feel confident in the decision, although I admit that I am feeling a mix of emotions, including anxiety and hope.

The surgery will allow me to improve my daily activities and return to hobbies I've missed, like [mention any specific activities or hobbies]. I will be in recovery for several weeks, and I would appreciate your support during this time.

Thank you for always being there for me. I will keep you updated on my progress and hope to see you soon.

Warm regards,
[Your Name]