

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]
[Recipient Name]
[Recipient's Title, if applicable]
[Hospital/Clinic Name]
[Address]
[City, State, Zip Code]

Dear [Recipient Name],

I hope this letter finds you well. I am writing to express my gratitude for the excellent care I received during my recent knee replacement surgery on [Surgery Date].

As I move forward into the recovery phase, I wanted to provide an update on my progress and share some of the challenges I have encountered. I have been diligently following the rehabilitation plan, including [briefly mention specific exercises or therapies].

However, I have experienced [mention any concerns, e.g., swelling, pain management, mobility issues] that have caused me some concern. I would appreciate any advice or recommendations you may have regarding these issues.

Thank you again for your outstanding support and care. I am looking forward to a full recovery and resuming my daily activities.

Sincerely,

[Your Name]
[Your Contact Information]