

[Your Name]  
[Your Title]  
[Your Practice Name]  
[Your Address]  
[City, State, Zip Code]  
[Email Address]  
[Phone Number]  
[Date]

[Recipient's Name]  
[Recipient's Address]  
[City, State, Zip Code]

Dear [Recipient's Name],

I am writing to provide a diagnosis in accordance with our recent evaluation and discussions regarding your mental health. After thorough assessment and consideration of the pertinent symptoms, I hereby diagnose you with Kleptomania (ICD-10 Code: F63.3).

**\*\*Clinical Findings:\*\***

- **\*\*History of Repeated Theft:\*\*** You have reported numerous incidents of stealing items, which you do not need, and the distress it causes you.
- **\*\*Compulsive Urge:\*\*** There is a persistent urge to steal, along with feelings of tension prior to the act and relief afterward.
- **\*\*Emotional Distress:\*\*** The stealing behavior has led to significant personal distress and impairment in social or occupational functioning.
- **\*\*Exclusion of Other Conditions:\*\*** Symptoms are not better explained by another mental disorder or a medical condition.

**\*\*Recommendations:\*\***

- Ongoing therapy focusing on behavioral strategies
- Possible referral to a psychiatrist for medication evaluation
- Support groups for individuals with similar experiences

Please feel free to reach out if you have any questions regarding this diagnosis or the next steps in your treatment plan.

Sincerely,

[Your Name]  
[Your Credentials]  
[Your Practice Name]